

OPTIMA STUDY

NEWSLETTER

DECEMBER
2024

What's new

Data collection

Data collection for the main study has now finished, and our statisticians are busy analysing the data. We hope to have the results of the study in the New Year and will keep you posted!

Parent interviews

A big thank you to everyone who took part in the feedback sessions on your experience of the service waiting lists. Our team are now hard at work with these and we hope to be able to publish a paper on our findings next year. We will also put a summary of our findings on the OPTIMA [website](#).

Reminders

We hope that you have a peaceful and enjoyable holiday season, however, if you do feel in need of any extra support you can find links to local clinical services and other support agencies on our [safety card](#).

OPTIMA newsletters

You can view our previous newsletters [here](#).

Let's stay in touch

We'll have further important updates to share with you in the New Year and we'd love to keep in touch, so if you have changed your email address or phone number, please let us know so that we can update our records.

Wishing you a peaceful holiday season, from the whole team!

Kasia, Ellen, Claire, Hannah, Nancy, Kristy, and Naomi

Office closure dates

- Last office day:
Friday December 20th
- Office re-opens:
Monday January 6th

Contact Info

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OPTIMA →

Online Parent Training for the Initial
Management of ADHD referral